How to **schedule** a telehealth appointment

This is a quick tutorial for scheduling a telehealth visit through Mount Nittany Health's patient portal, "My Mount Nittany Health." In order to begin, you must be a My Mount Nittany Health portal user. If you are not, please see the first informational handout in this series, "*How to enroll in and log on to the patient portal, My Mount Nittany Health.*"

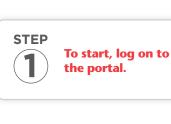**You can schedule a telehealth visit in one of two ways:**

1: Call your provider and request a telehealth visit

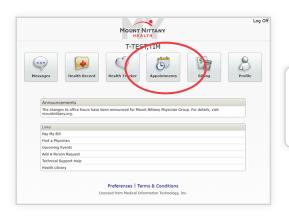**2:** Request a telehealth appointment through Mount Nittany Health's patient portal
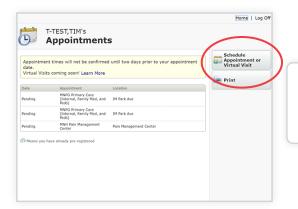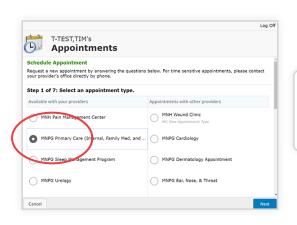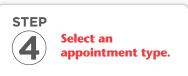
TELEHEALTH VISITS

MOUNT NITTANY
H E A L T H

STEP 1

To start, log on to the portal.

STEP 2

Click "Appointments."

STEP 3

Select "Schedule Appointment or Virtual Visit."

STEP 4

Select an appointment type.

How to **schedule** a telehealth appointment

Continued

TELEHEALTH VISITS

MOUNT NITTANY
HEALTH

STEP 5 — Select a provider.

STEP 6 — Select your preferred day of the week and time for your visit.

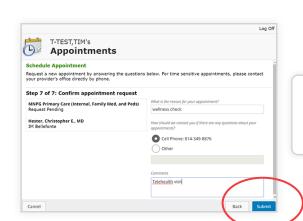**STEP 7** — In the Comments section, type: "Telehealth visit."

STEP 8 — Click "Submit."
You will receive a call from the practice to confirm your appointment.